

## **INFORMATION FOR PHYSICAL EDUCATION CLASSES OF SUSAN KIRK BUCKLIN SCHOOLS 2010\2011**

### **Parents and Students,**

We are starting a new school year. The purpose of this syllabus is to help our year go well. After reading this information over, you and your student or students will know what is expected of them and how they are graded.

### **Definition**

Physical Education class is not another recess. It is a class involving physical activity.

### **Expectations**

Students are to enter the classroom in an orderly manner and be ready to listen to directions. Students are to STOP activity when the signal is given, and LISTEN to the instructions of the teacher. Students are expected to KEEP hands and feet to THEMSELVES. Students are REQUIRED to have gym shoes here at school. This is for the safety of each student. Proper fitting shoes with good traction help to prevent injuries.

### **State Standards for Physical Education**

The Kansas State Department of Education has developed a physical education curriculum guide based upon the National Association of Physical Education and Sport National Standards for Physical Education. There are six (6) standards. **Standard #1** demonstrates competency in many movement forms and proficiency in a few movement forms, **Standard #2** applies movement concepts to principles to the learning and development of motor skills. **Standard #3** focuses on regular participation in physical activity, **Standard # 4** stresses the achievement and maintenance of health-enhancing levels of physical fitness, **Standard #5** demonstrates responsible personal and social behavior in physical activity settings, and **Standard #6** values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

### **Grading**

Students can receive 50 points a week or 10 points a day. Daily students can receive 3 points for being prepared for class and 7 points based on participation, behavior, and attitude.

### **Conclusion**

Through communication our educational system will grow and improve. If it were not for the students, we would not need or have schools and growth of knowledge. If you have questions or concerns, PLEASE let me know. My school e-mail is [kirk@usd459.k12.ks.us](mailto:kirk@usd459.k12.ks.us) and I can be reached here at school via phone 620-826-3241 during my planning period 10:01-10:50am, or before or after school.